

CRUSHED In SPIRIT



**Help for Christians
suffering from
a wounded and
broken spirit**

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Crushed in Spirit *By Charles Pretlow*

Crushed in Spirit: There are perhaps millions of unsuspecting Christians suffering from a crushed spirit. Their spirits were wounded prior to salvation and never afforded the opportunity to properly deal with lingering symptoms of a crushed spirit. This is an introductory message to help identify symptoms and begin recovery. The first step is to understand the biblical principles and terms of this wide spread condition. As the end-of-this-age unfolds, people suffering from wounds to the spirit and associated damaged emotions will begin to lose control, experience breakdowns, and suffer extreme emotional and mental upheaval. Increased stress and trouble will cause the same type of emotional and mental instability for Christians as well, especially for those who suffer from a crushed spirit. Many Christians will soon be in the valley of decision filled with inner stress and turmoil as their false peace developed by false teachings disintegrates.

Modern day medication and psychiatry that millions of believers rely on will no longer be able to help them maintain equilibrium. Unless the sincere Christian is trusting and obeying Christ without wavering, the coming days will be overwhelming and debilitating, causing those unprepared and suffering from a crushed spirit to potentially miss out on God's protection and guidance. This short volume will help you understand the biblical indicators of a crushed spirit and provide information on how to begin healing and recovery-God's way.